

ARBONNE essentiäls®

PRODUCT FEATURES AND BENEFITS — THE ARBONNE ADVANTAGE

DAILY POWER PACKS

- Exclusive Super Antioxidant Blend contains green tea, grape seed extract, cranberry, black currant, pomegranate and resveratrol extract — 10,000 Oxygen Radical Absorbance Capacity (ORAC) per Power Pack!
- High-potency formula contains 20 essential vitamins and minerals to support a variety of important biological functions and maintain proper health.◊
- Bioactive piperine from black pepper helps enhance absorption.◊
- Promotes energy, vitality and longevity◊
- Lutein helps support eye health.◊
- Men's Power Packs support prostate health.◊
- Women's Power Packs contain extra calcium to help support healthy bone tissue.◊
- Contains probiotics and enzymes to help support digestion and gastrointestinal health◊



CALCIUM PLUS

- Easily absorbable calcium citrate/phosphate
- Vitamin D helps enhance calcium absorption.◊
- Magnesium helps channel calcium to the bone.
- Red clover isoflavone supports bone health.◊
- Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.
- No limestone calcium carbonate
- Helps support proper bone structure and function◊



DIGESTION PLUS

- Prebiotic, probiotic, 11 digestive enzymes (3 actions in 1)
- Promotes digestion and nutrient uptake◊
- Provides friendly bacteria (*Bacillus coagulans*) for optimal gastrointestinal health◊
- Supports healthy digestion to help minimize occasional bloating, gas cramps and discomfort
- Supports digestion of carbohydrates, fats, proteins, fiber and lactose◊
- Promotes balance in the intestinal tract◊
- Comes in an easy, once-a-day stick pack — just add to water



OMEGA 3 PLUS — NEW FORMULA!

- Source of omega-3 fatty acids for the maintenance of good health◊
- Source of docosahexaenoic acid (DHA) for the maintenance of good health◊
- Helps support cognitive health and/or brain function◊
- Helps support eye health◊
- Recommended for: promoting general health and wellness, including mental acuity, eye health and memory function.◊



WOMEN'S BALANCE MENOPAUSE SUPPORT

- Reduces discomfort associated with menopause, such as hot flashes, mood swings and irritability◊
- Clinically tested to calm; reduces restlessness and night sweats associated with menopause◊
- Improvement in the inability to sleep associated with menopause◊
- Contains xylaria, dong quai, black cohosh and red clover
- Helps support women's balance during life transitions◊



JOINT SUPPORT

- Helps promote joint flexibility and mobility◊
- Helps support healthy cartilage and connective tissue between joints◊
- Helps protect against normal wear and tear from aging◊
- Contains specialized botanical ingredients — white willow, boswellia and pine bark extracts, bromelian, turmeric and ginger
- Contains a vegan form of glucosamine sulfate
- Perfect for those who are active or experience joint discomfort from over-activity◊



ANTIOXIDANT & IMMUNITY BOOSTER

- Provides high ORAC antioxidants to help fight free radicals.
- Contains a proprietary energy-boosting blend, with green tea, guarana, ginseng and yerba mate to help deliver a gentle boost of energy◊
- Contains a proprietary antioxidant and immunity blend with the clinically proven ingredient *Saccharomyces cerevisiae* and potent antioxidants such as amla, holy basil and turmeric
- Contains milk thistle, which supports production of the endogenously (internal) made glutathione, a master antioxidant of the body◊
- Delicious 3 oz. juice shot in a convenient on-the-go bottle



A. Equal to:
Vitamin C of 1 ½ oranges
Vitamin D of 16 oz. glass of milk
Riboflavin in 1 cup of almonds
Vitamin B12 of 10 eggs
Zinc of 2 cups of lima beans
Selenium of 3 ½ cups rice

B. You would have to consume 4,800 calories of food to have the same goodness of a 40-calories serving of the Antioxidant & Immunity Booster.

◊These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PROTEIN SHAKES — CHOCOLATE, VANILLA

- Contains 20 grams of easily digestible vegan protein
- Contains no cholesterol, lactose or gluten
- Proprietary Inner-G Plex with nutrients that deliver antioxidants and help replenish energy^o
- No trans fats
- 20 essential vitamins and minerals help support general health.^o
- Helps you feel full longer^o



ENERGY FIZZ STICKS — POMEGRANATE, CITRUS

- Enhanced energy formula to power you through the day^o
- Take 2–3 fizz sticks when you start to feel tired to temporarily:
 - Help promote alertness and enhance cognitive performance^o
 - Help promote endurance and enhance motor performance^o
 - Help reduce fatigue^o
- Proprietary Get Up-and-Go Blend delivers a natural boost of energy with guarana, green tea and ginseng^o
- Contains antioxidants
- Adaptogenic blend combined with B vitamins and chromium helps boost energy^o
- Only 10 calories per serving
- Fast dissolving formula



DAILY FIBER BOOST

- Source of fiber for regularity^o
- Helps you feel full longer^o
- Delivers 12 grams of fiber per serving, nearly half the recommended daily value
- Helps support a calorie reduction plan
- Americans consume only about 10% of the fiber they did 100 years ago
- On average, the U.S. population does not meet the minimum standards for dietary fiber intake
- Add Daily Fiber Boost to your favorite beverage or food, including hot soups, sauces, cereals, baked goods, and hot or cold beverages



FIT CHEWS — CHOCOLATE, CARAMEL

- Helps control cravings^o
- Helps control appetite^o
- Helps increase energy^o
- Adaptogenic blend supports good health^o



SUPER CHEWS FOR KIDS AND TEENS

- Calcium level (300 mg) is equal to an 8 oz. glass of milk
- 15 essential vitamins and minerals
- Great cherry flavor
- Only one tasty chew per day
- Supports growth and development^o
- Promotes a healthy immune system^o
- Supports healthy bones and teeth^o
- Supports healthy eyes^o



HERBAL DETOX TEA

- Hydrates to boost cleansing^o
- Hydration supports kidney and liver function for detoxification^o
- Contains milk thistle, which supports production of glutathione — the master detoxifier of the body^o
- Helps support liver and kidney health^o
- Delicious, soothing herbal tea with peppermint, dandelion, sweet fennel, licorice and more
- Can also use tea bags to make a refreshing iced tea



Did you know?

- We are not what we eat; we are what we absorb.
- Nutritional supplements can help promote
 - Immune health
 - Eye health
 - Bone health
 - Healthy skin, hair and nails
 - Energy, vitality and longevity
- Vitamin A contributes to the maintenance of normal vision.
- Thiamin contributes to normal energy metabolism.
- Vitamin B12 contributes to normal red blood cell formation.
- Vitamin C contributes to the protection from free radicals and helps collagen formation.
- Vitamin E contributes to support of normal immune system function.
- Calcium and Vitamin D contribute to healthy bones.
- Lutein helps support eye health.
- Magnesium helps transport calcium to the bones, helps drive 300 biochemical processes in our body, and is involved in energy metabolism and recovery of muscles.
- Recent studies found that daily supplements may help support bone health in healthy people by 72%.
- Abdominal fat can be caused by excess carbohydrates, protein or fat consumption.
- Good bacteria normally colonize the large intestine and synthesize vitamin K.
- The American Heart Association recommends everyone increase their omega-3 intake.
- One serving of Omega 3 Plus contains as much omega-3 as a 4 oz. serving of salmon.
- A good diet should have 25–30 grams of fiber per day.

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