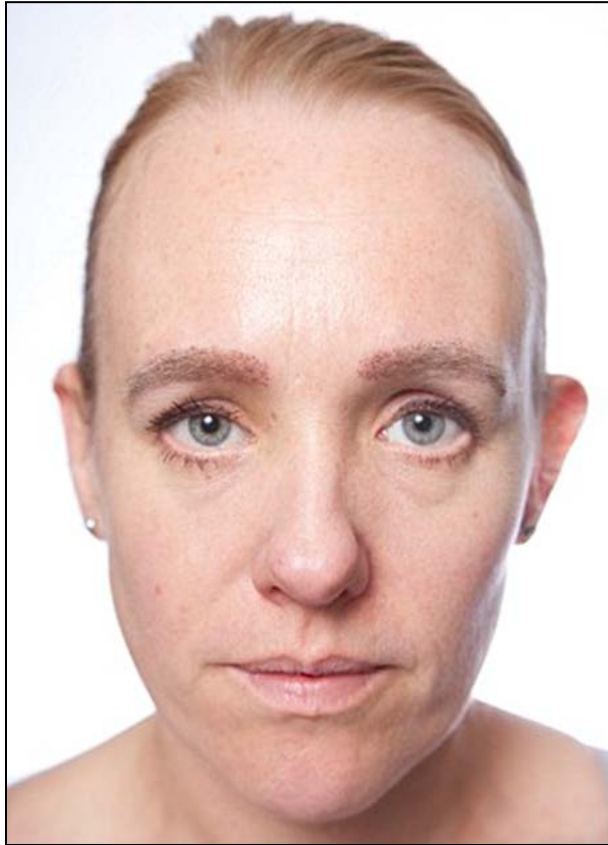


What sleeping in your make-up does to your skin...



A recent survey reveals a third of us sleep with our make-up on twice weekly.

For a month, Anna applied make-up as normal - but never took it off!
By the end, experts said her skin had aged by 10 years!